

# MED EXPRESSIONS

JULY 2020



## Let Freedom Ring

Freedom: the very premise on which our nation was founded. Freedom of religion, freedom of speech, freedom of choice. Freedom of choice allows us to exercise the free will we each have been given from our Creator to make decisions based on our personal priorities.

As we celebrate our many freedoms throughout this month, we want to recognize some who have exercised their right of choice and chosen MedExpress for their health care needs! We appreciate you!



— “ —  
I'm grateful to have a choice. My choice is Med Express Ambulance Service!  
**Mrs. Linda Guillory**  
St. Landry Parish  
— ” —



— “ —  
My choice is Med Express Ambulance Service!  
**Mrs. Rhoda Spence**  
St. Landry Parish  
— ” —

Mr. David Skoug of Marksville, La. sent a heartfelt message praising the excellent care provided his father-in-law Lawrence Bordelon, retired Chief of Detectives. He noted the speed of response as well as the comprehensive assessment that helped get the proper care quickly for Mr. Bordelon. Mr. Skoug says, “... We are so grateful that there is a choice in provider, and we are thankful that you have a professional crew here in Marksville ....Thanks on behalf of my mother-in-law Brenda, my wife Trish (who uses MedExpress), and myself.”

We commend employees Richard Mills, FP-C, and Crystal Gentry, EMT, for the outstanding work and representing MedExpress so well!



**CRYSTAL GENTRY,**  
EMT



**RICHARD MILLS, FP-C**



## Self Care

In June, MedExpress teamed with Acadia/St. Landry hospital and held a Mental Health Matters workshop, where guest speaker Vani Marshall spoke on the importance of mental health and taking care of ourselves. Maintaining our health as a whole is very important, including our mental health. Don't forget to take some time out for yourself every day, and remember, YOU matter. MedExpress cares. Remember that you have a choice when you need emergency services. We are always here for you.

## JEFF DAVIS

Thank you to Jennings American Legion hospital for continually making MedExpress your choice for medical service. We love partnering with you and helping make Jeff Davis Parish a safer place.

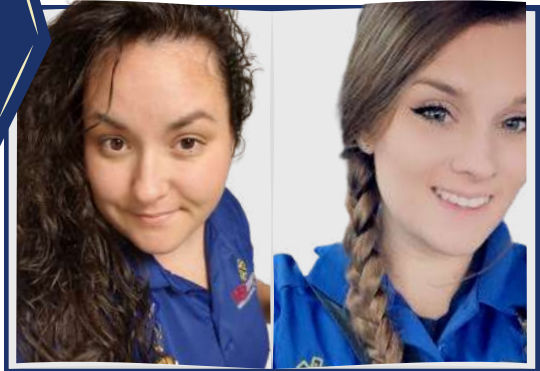


## Sweet Treats

For our healthcare partners!  
We appreciate you!







Repeatedly, Tyler Martin (Director of Operations) has commended **Missi Gulley** and **Amelia Shone** for their outstanding work in dispatch. On a particular day this past month, he said, "It was nonstop all day, back-to-back calls for 12 straight hours! Exceptional thinking, planning, and management of the trucks. Great work!"

**AVOYELLES PARISH**

Avoyelles Parish dialysis patients are so happy to have a CHOICE in ambulance transportation! We love working with FMC and are pleased to be able to care for these sweet patients!



**VERNON PARISH**

We are giving CHOICE in Leesville too. We enjoy working with The Woodlands Healthcare Center.



**MED EXPRESS AMBULANCE SERVICE, INC.**  
**MEDEXPRESS EDUCATION**



**MEDEXPRESSAMBULANCE**

Check out our FB education page for info about ongoing classes!

# A BRIGHT LIGHT IN DARK TIMES

MARK MAJORS, PRESIDENT & CEO

Healthcare professionals constantly balance their work with sets of guidelines and protocols and their own personal art of giving care to the sick and injured. I am watching a new element of emotional awareness become more important than ever because, perhaps, of the COVID-19 pandemic. There is a clear, palatable culture of professional empathy that is growing among EMS staff towards their fellow caregivers. When a crew is dispatched to an emergency and the details are shared over the radio, all who are listening are paying closer attention to information, as though they are the responders. They are glancing to confirm adequate PPE, they are reviewing the new challenges of a simple emergency complicated by new risks. They are projecting “how I would assess, treat, care if it were me on this call.” Our crews are becoming less critical, less judgmental. They are noticeably more empathetic and supportive of their coworkers. It is making us all better interventionists, better professionals, better organizations, and cultivating a better culture of care.

It is a good thing, a bright light in dark times.

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